



Chef's Specials are created daily. Please ask your server for details.

Saturday/Sunday Lift and Lunch Package:

Your choice of any appetizer, salad, lighter fare item or pizza and a Sunday River Chondola Ticket (\$12 value) for just \$15.95!

We're available for private parties, weddings, rehearsal dinners and corporate events. Visit phoenixhouseandwell.com or call **207-824-2222** for more info.

Appetizers

Point Judith Fried Calamari

Roasted Red Peppers • Garlic • Banana Peppers
Parmesan Cheese • Marinara Sauce 9.95

Tomato and Mozzarella Brochettes

Grilled Garlic Bread • Cherry Tomato • Fresh
Mozzarella • Basil • Garlic 7.95

California Roll

Sticky Rice • Crabmeat • Avocado • Cucumber 7.95

Prince Edward Island Mussels

Steamed PEI Mussels • Champagne • Shallots
Garlic • Old Fashioned Butter • Capers 9.95

Thai Fresh Rolls

Napa Cabbage • Carrot • European Cucumber
Poached Shrimp • Lemon Balm • Chili Sauce 6.95

Salads

Hearts of Romaine

Romaine Lettuce • Parmesan Cheese • Smoked
Gouda Crouton 7.95 Add Chicken 4 add Shrimp 6
Add Scallops 6

Phoenix Salad

California Field Greens • Hot House Cucumber
Roma Tomato • Carrot • Tuscany Vinaigrette 5.95

Chopped Salad

Mesculin Greens • Grilled Chicken • Tomato
Cucumber • Boiled Egg • Apple Smoked Bacon
Blue Cheese • Avocado • Buttermilk Ranch 13.95

Grilled Shrimp and Scallop Salad

Grilled Shrimp and Sea Scallop • California Greens
Tomato • Grilled Pineapple • Avocado • Mango
Spicy Mango Vinaigrette • Lemon Balm 14.95

Entrées

(Entrées include unlimited salad and garlic bread knots)

NY Sirloin

12oz Sirloin • Seasonal Vegetables 21.95

Scallops Christina

Pan Seared Maine Scallops • Wilted Arugula
Roasted Red Peppers • Sun Dried Tomato Forest
Mushrooms • Garlic • Pesto • Fettuccine 19.95

Asian Style Ahi Tuna

Ahi Tuna (Served Rare) • Mango Sticky Rice Roll •
Ginger • Sweet Soy • Wakame Salad 18.95

Chicken Piccata

Boneless Chicken • Lemon • Old Fashioned Butter
Capers • Tomato • Garlic • Fettuccine 16.95

Pan Seared Cod

Codfish • Spicy Lemon Butter • Italian Garden
Vegetables • Sweet Basil 16.95

Pizza

(Pizzas Include unlimited salad.)

Classic

Mozzarella Cheese • Red Pizza Sauce 8.95

Pepperoni

Mozz Cheese • Pepperoni • Red Pizza Sauce 9.95

The Phoenix

Grilled Chicken Breast • Caramelized Onions
Forest Mushrooms • Alfredo Sauce 12.95

Baci Pesto • Roasted Red Peppers • Spinach

Forest Mushrooms • Mozzarella Cheese • Roma
Tomatoes 12.95

Caiohme's (Kee-va's) Fancy

Hot Italian Sausage • Caramelized Onions • Garlic
Roasted Peppers • Red Pizza Sauce 12.95

Lula

Fresh Tomatoes • Garlic • Basil • Olive Oil • Fresh
Mozzarella 12.95



Lighter Fare Appetizers

Nachos

Crisp Tortilla Chips • Tomato • Onion • Jalapenos • Olives Sour Cream • Salsa 9.95

Add Pulled Pork and make it Southwest Style for 13.95

Chicken Wings

Choose From: BBQ • Teriyaki • Buffalo Style 8.95

Crab Rangoon

Crisp Wonton • Creamy Crab • Duck Sauce 7.95

Lighter Fare, Sandwiches and Other Good Stuff

All Sandwiches and Panini come with your choice of French fries or a Demi salad

Rueben Panini

Corned Beef • Marble Rye • Sauerkraut • Swiss Cheese

Thousand Island Dressing 9.95

Roast Turkey Panini

Roasted Turkey Breast • Smoked Bacon • Orange Marmalade Aioli • Arugula 9.95

Grilled Chicken

Hawaiian Style Grilled Pineapple • Bacon • Sweet Soy 9.95

Mediterranean Style Buffalo Mozzarella • Oven Dried Tomatoes

•Pesto • Balsamic Glaze 9.95

BBQ Pulled Pork Sandwich

Austin Style Pulled Pork • Sweet and Tangy BBQ Sauce 9.95

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Quesadillas

Vegetable Three Cheese • Broccoli • Tomato • Onion • Jalapenos

Olives • Mushrooms • Scallions • Sour Cream • Salsa 8.95

Chicken Tomato • Onion • Jalapenos • Grilled Chicken • Olives

Three Cheese • Scallions • Sour Cream • Salsa 9.95

Macaroni and Cheese

Cavatappi Pasta • Swiss • Cheddar • Parmesan • Apple Smoked Bacon •

Caramelized Onion 9.95

Chicken Tenderloins

Crisp Chicken Fritters • French Fries • Honey Mustard 9.95

Swordfish Burger

Grilled Swordfish • Pesto • Oven-dried Tomato • Kalamata Olives • Roasted Red Peppers 14.95

Fish and Chips

Fresh Codfish • French Fries • Tartar Sauce 14.95

Phoenix Burger

Half Pound Certified Angus Beef Grilled to Your Liking 8.95

Topping 1.50 each

Cheddar

Swiss

Blue Cheese

Mozzarella

American

Sautéed Forest Mushrooms

Roasted Red Peppers

Caramelized Onion

Grilled Pineapple

Oven Dried Tomatoes

Bacon

Pesto

BBQ Sauce

Kalamata Olives

Smoked Bacon